

GATE NAME	MAJOR FEAR PATTERNS
<b>Higher or Lower Expression</b>	
<b>1 Self-Expression, The Creative (yang)</b> <i>The Creative Role Model, Artist or Numb Depressive or Frenetic Person</i>	Fear of not being original, inspired (creative block) or validated by others, fearful about sharing creative work with others, may become depressive or frenetic
<b>2 Self-Direction, The Receptive (yin)</b> <i>The Driver or Self-Directed Person or Dislocated or Defiantly Fixed Person</i>	Fear of being lost, directionless or dislocated in life, lack of self-drive or self-direction, poor receptivity to Higher Self's knowing, may become fixed, regimented
<b>3 Beginning, Ordering</b> <i>The Innovator, Implementer or Anal or Disordered Person</i>	Fear of trying something new, untried or unknown, having difficulty in the beginning, having a chaotic mind, may become anally controlling or disordered
<b>4 Mental Solutions, Youthful Folly</b> <i>The Understanding, Forgiving or Apathetic or Intolerant Person</i>	Fear of admitting inexperience, mental shortcomings, fear of not finding the answers, fear of your solutions not working, may become apathetic or intolerant
<b>5 Timing, Fixed Daily Rhythms</b> <i>The Patient One in the Flow or Pessimistic or Impatient Pushy Person</i>	Fear of missing out (impatience) or having imposed time frames, fear of releasing old routines, rituals or relationships, may become pessimistic or pushy
<b>6 Friction, Conflict Resolution</b> <i>The Diplomat, Peacemaker or People-Pleaser or Tactless Person</i>	Fear of intimacy, nervousness about revealing who you really are, emotionally insecure, overuses mind to monitor feelings, may be people-pleaser or tactless
<b>7 Self in Group Interaction, The Army</b> <i>The Guide, Military Leader, Administrator or Hidden or Jealous Dictator</i>	Fear of not being in charge to lead or guide people (as heart of the group), not knowing when to point the way forward and when to step aside, being jealous
<b>8 Individual Contribution to Group Goals</b> <i>The Ally, Friend, Agent, Supporter or Mediocre or Inauthentic False Friend</i>	Fear of success, fear of not being able to hold the group together, not knowing you can find the way, being the patron saint of mediocrity or inauthentic ally
<b>9 Attentiveness, Focus, Applied Details</b> <i>The Determined, Focused or Reluctant or Diverted Person</i>	Fear of missing details or being overwhelmed due to obsessive focus or failure to focus that leads to inertia, may be reluctant or too diverted to be attentive
<b>10 Self-Love, Identity, Behavior of the Self</b> <i>The Natural Being, Role Model, Arhat or Narcissist, Opportunist, Hermit or Martyr</i>	Fear of being oneself, fear of not being loved or being lovable, lack of self-love may lead to self-denying or self-obsessed, narcissistic behaviors
<b>11 Ideas, Harmony, Peace</b> <i>The Seeker, Educator, Teacher, Sage or Obscured or Unrealistic Believer</i>	Fear of darkness, fear of not having new, stimulating, realistic or grounded ideas of merit to share or think about, may become obscured or deluded, unrealistic
<b>12 Caution, Aloneness, Secrets</b> <i>The Discriminating Articulate Pragmatist or Socially Cautious, Vain or Malicious Elitist</i>	Fear of collective ways, being hesitant, secretive or socially cautious or wary of the collective may lead to aloneness, withdrawal (e.g. monk), elitism or malice
<b>13 Fellowship with Mankind, The Witness</b> <i>The Listener, Witness, Empath, Optimist or Naive or Narrow-minded Bigot, Pessimist</i>	Fear of being disillusioned, being unable to listen to your own heart or the secrets of others, may have discord, become pessimistic or bigoted, distrustful in life
<b>14 Power Skills, Prosperity, Harvesting</b> <i>The Competent Provider, Asset Manager or Inferiority/Superiority Complex</i>	Fear of insecurity or uncertainty, fear of being inferior, not believing in yourself (lack of self-empowerment), not empowering or distributing resources to others
<b>15 Extreme Rhythms, Behaviors, Flow</b> <i>The Magnetic or Modest Person or Empty Wallflower or Extreme Escapist</i>	Fear of fear itself (from cowardice, denial, stoicism, narrow-mindedness to extremism, escapism), fear of being attached to or being controlled by anyone
<b>16 Skills, Talents, Enthusiasm</b> <i>The Versatile Enthusiastic Leader or Gullible, Cynical or Scattered Grinch</i>	Fear of not having enough depth, lack of confidence in own skills, talents and enthusiasm to master things, indifference or cynicism about others' skills and talents
<b>17 Opinions, Following Trains of Thought</b> <i>The Far-Sighted Student or Teacher or Opinionless or Opinionated Person</i>	Fear of challenge to your opinions, fear of sharing your opinions or being disturbed by others' opinions in debates, fear of not having all the facts and details
<b>18 Improving, Correction, Judgment</b> <i>The Orderly Person with Integrity or Judgemental Perfectionist</i>	Fear of authority, fear of being judged by others and/or self, fear of imperfections, making mistakes, taking the blame or owning what happened, drive for perfection
<b>19 Approach, Need for Inclusion</b> <i>The Sensitive "Whisperer" or Needy or Isolated Codependent</i>	Fear of not being included by a tribe, not getting your needs met after approaching them for support, easily disturbed, oversensitive, attached or codependent
<b>20 Contemplation, the Now</b> <i>The Observer of Life in Presence or Vacant or Worried Superficial Person</i>	Fear of insecurity (lack of self-assurance), fear of exploring the inner self leads to superficiality, not being aware of self or others, being worried or dogmatic
<b>21 Control, Authority</b> <i>The Courageous Hunter, Authoritarian or Controlled or Controlling Person</i>	Fear of being controlled by others or losing control, a willful control freak trying to maintain control, to take charge over self, others or tribe (as will of the group)
<b>22 Grace, Openness</b> <i>The Charmer, Gracious Social Being or Falsely Proper or Dishonorable Person</i>	Fear of silence, not sure if anyone will listen to you or that you have anything worthwhile to listen to, fear of being dishonorable, antisocial or disgraceful behavior
<b>23 Assimilation, Structuring</b> <i>The Quintessential Genius or Sage or Overcomplicated Fragmented Freak</i>	Fear of being shunned or rejected for sharing insights that seem too complex, fragmented or freaky, fear of poor speech skills (choked by fear or overtalkative)
<b>24 Rationalizing, Returning, Renewal</b> <i>The Recognized or Rational Inventor or Frozen Silent or Numb Addict</i>	Fear of ignorance, mental anxiety that you will never know the answer, inspiration will never come, fear of addictive tendencies (e.g. drugs, alcohol, gambling, eating, working, sex) as the mind runs in circles
<b>25 Spirit of the Self, Universal Love</b> <i>The Natural Healer or Shaman or Ignorant or Cold-hearted Person</i>	Fear of owning pain, that leads to closing of the heart (ignorant about self, cold-hearted towards others), may manifest as crime or suicide or a spiritual warrior
<b>26 Accumulation, Fortitude, Egoist</b> <i>The Enterprising Materialist or Manipulative Egoist or Boastful Trickster</i>	Fear of being manipulated or tricked by others, fear of not being the best salesman, marketer, entrepreneur, immersed in materialism, lack of abundance mentality
<b>27 Nurturing, Caring, Global Service</b> <i>The Nurturing Helper or Altruist or Selfish or Self-sacrificing Person</i>	Fear of not being nurturing enough to others (e.g. children, homeless), or not getting your own needs met as a local or global mother, guardian or custodian
<b>28 Great Excess, Struggle, Risk taking</b> <i>The Game Player of Life or Self-Destructive Risk Taker or Gambler</i>	Fear of death, fear of purposelessness, fear that life has no meaning unless you take risks, may lead to self-destruction, treachery, abuse of trust, adventurism
<b>29 Commitment, Devotion, Saying Yes</b> <i>The Committed Worker or Devotee or Half-Hearted or Overcommitted Yes Man</i>	Fear of saying no to others, being half-hearted out of obligation or overcommitted out of inability to say no, leads to failed ambition, overextending your resources
<b>30 Emotional Desires, EQ</b> <i>The Intense, Passionate Person or Overserious or Flippant Clinging Person</i>	Fear of the Fates, or what might or might not happen, not being free from suffering or emotional desires to feel whole, not knowing who and what you are
<b>31 Influence, Leadership</b> <i>The Naturally Influential Leader or Falsely Humble or Arrogant Person</i>	Fear of not being heard (as voice of the group), or not having enough influence to lead, may be expressed as false humility, arrogance or accepting any followers
<b>32 Endurance, Continuity, Change</b> <i>The Conservative Evaluator or Disjointed or Fundamentalist Failure</i>	Fear of failure (based on your own idea of success and failure), may lead to indecision or panic over what to keep, what to change, what to transform or not
<b>33 Retreat, Aloneness, Privacy</b> <i>The Historian, Witness, Prodigal Son or Reserved or Censorious Person</i>	Fear of groups, crowds or not being able to withdraw and reflect, fear of forgetting or loss of memories, not being able to reveal the secrets or cultural memory
<b>34 Power, Great Strength</b> <i>The Strong, Busy Multitasker or Self-Effacing or Forceful Bully</i>	Fear of powerlessness, being seen as weak, or being bullied by others, may lead to self-effacement (self-deprecation) or becoming a pushy, forceful bully
<b>35 Progress, Change</b> <i>The Adventurer, Jack of all Trades or Bored or Manic Hunger for Experiences</i>	Fear of boredom, hunger for change and adventure, not goal oriented but Jack of all Trades seeking to learn and share personal experiences with others
<b>36 Crisis, Darkening of the Light</b> <i>The Compassionate Human Being or Crisis Prone or Collapsed Person</i>	Fear of being vulnerable or overwhelmed by crises, fear of not being able to cope with unexpected events or tragedy, may feel emotionally / sexually inadequate
<b>37 Family, Friendship, Community</b> <i>The Bargainer, Harmonizer, Equalizer or Oversentimental Loyalist or Cruel Person</i>	Fear of tradition, nervousness about having to take on traditional gender roles, games, expectations, attachments in life, fear of weakness or disloyalty in tribe
<b>38 Struggle, Opposition, Fighter</b> <i>The Persevering Fighter or Warrior or Stubborn or Struggling Person</i>	Fear of not finding purpose in life without struggling, fear that you must fight the whole world to have freedom may cause tension and depletion of resources
<b>39 Provocation, Hardship</b> <i>The Dynamic Troubleshooter or Trapped or Moody Provocateur</i>	Fear of being trapped or provoked by others, fear of hardship, moodiness from almost constant confrontations with others regardless of circumstances
<b>40 Aloneness, Deliverance from Hardship</b> <i>The Resolute Liberator or Permissive or Contemptuous Loner</i>	Fear of exhaustion or being fatigued, not having the will to provide, fear of feeling lonely even in a crowd, love of work and willful energy requires rest to recover
<b>41 Imagination, Fantasy</b> <i>The Alpha, Initiator of Action or Hyperactive or Dreamy False Fantasizer</i>	Fear of chasing fanciful, unrealistic or obscure dreams and fantasies that can't be fulfilled, or not anticipating their outcomes to convince others to make new trends
<b>42 Finishing Things, Growth, Increase</b> <i>The Project Manager, Middle Man or Flaky or Grasping Expectations</i>	Fear of change, fear of too much expansion leading to burnout or disappointment, as your expectations or own needs are not being met or things are not finished
<b>43 Breakthrough, Insight</b> <i>The Insightful Genius or Deaf or Noisy Freak</i>	Fear of rejection of your insights, fear of not knowing, fear of not being able to explain your breakthroughs to others, fear of being ostracized, challenged by others
<b>44 Alertness, Coming to Meet</b> <i>The Greeter or Capitalist Entrepreneur or Misjudging or Distrustful Manipulator</i>	Fear of the past, being limited by your past lessons or baggage, fear of repeating the same mistakes, being isolated, or prone to manipulation or interference
<b>45 Gathering Together, Rulership</b> <i>The King, Queen, Ruler or Timid or Pompous Dominator</i>	Fear of not having or possessing material resources for the tribe, not being the dominant ruler (voice of the community), living in poverty consciousness
<b>46 Love of Body, Self-Determination</b> <i>The Natural Healer or Fortunate Person or Overserious, Frigid or Frivolous Hedonist</i>	Fear of success, failing where other people succeed, not having the determination to follow through, fear of the body failing under stress, disappointment or crisis
<b>47 Realization, Epiphany</b> <i>The Truthful Informer or Hopeless or Mentally Oppressed Person</i>	Fear of futility (life is a hopeless ordeal), being self-oppressed (not realizing your self-worth) or oppressed by others, being overreliant on the mind's grasp of life
<b>48 Depth, Well of Knowledge, Wisdom</b> <i>The Resourceful Wise Person or "National Enquirer" or Trivia Collector</i>	Fear of being inadequate, being insignificant, fear of not having enough depth or skills to master things, thirsty for knowledge or taste for superficialities, trivia
<b>49 Principles, Revolution, Rebirth</b> <i>The Principled Teacher or Inert, Rejecting or Reactive Rebel</i>	Fear of rejection of your principles or efforts to rescue others from injustice, may try to force change with unpredictable emotional reactions and consequences
<b>50 Values, Tribal Stability, Harmony</b> <i>The Balanced Lawmaker, Defender or Irresponsible or Overloaded Corruptocrat</i>	Fear of responsibility, taking on too little or too much responsibility, feel guilty or overloaded, fear of failing to educate or protect the tribe, burnout or sacrifice self
<b>51 Shock, Arousing</b> <i>The Catalyst, Competitor with Initiative or Cowardly or Agitated Shocking Terrorist</i>	Fear of not being competitive or the first at something, may become cowardly or agitated, anxious or hostile, initiating or terrorizing others with shock
<b>52 Stillness, Inaction, Restraint</b> <i>The Person with Inner Stillness or Couch Potato, Stuck or Restless Person</i>	Fear of stress, may feel stuck or resigned (couch potato), restless or impatient, have pressure to keep still, to focus and concentrate your energy quietly
<b>53 New Beginnings, Maturation</b> <i>The Start-Up Founder or Manager or Staid or Fickle Chronic Non-Finisher</i>	Fear of not being able to start new things (being stuck in the old), being criticized for not completing things, dissipate energy fighting with life, not growing in life
<b>54 Ambition, Aspiration, Being Driven</b> <i>The Spiritual Adept, Aspirant, Achiever or Indifferent or Greed-Driven Materialist</i>	Fear of not having enough influence, status or wealth, may lead to endarkenment or enlightenment, material ambition (greed) or spiritual ambition (ascension)
<b>55 Abundance of Spirit, Victim Mentality</b> <i>Free Sovereign Spirited Being or Ever-Complaining Victim or Victimizer</i>	Fear of emptiness (lack of spirit), not knowing what to be passionate about, may use moodiness, slander, gossip, pain, distrust or victim mentality to manage life
<b>56 Stimulation, Enrichment</b> <i>The Wanderer, Stimulating Storyteller or Sullen or Distracted Person</i>	Fear of being unstimulated in life, searching the outer world for distractions, trivia, enrichment, concepts or inner beliefs to share them in entertaining words
<b>57 Intuitive Insight, Clarity, The Gentle</b> <i>The Intuitive Clairaudient Gentle Guide or Hesitant Indecisive or Impetuous Person</i>	Fear of the future or the unexpected, being indecisive, hesitant or impetuous, easily overwhelmed by events, when not listening to your highly developed intuition
<b>58 Joyous Vitality, Aliveness</b> <i>The Zestful Lover of Life or Dissatisfied, Joyless or Interfering Judge</i>	Fear of not being satisfied, being joyless, lacking the vital spark or love of life itself, have pressure to make things better, to perfect them and to find bliss and joy
<b>59 Sexuality, Intimacy, Reproduction</b> <i>The Seeker of Union and Bonding or Dishonest or Intrusive Seducer</i>	Fear of intimacy or establishing intimate relationships for bonding and reproduction, may be a shy, excluded or pushy, intrusive, seductive or dishonest person
<b>60 Limitation, Acceptance</b> <i>The Accommodating Realist or Self-Indulgent or Rigid Depressive</i>	Fear of being limited or restrained by self or others, need to accept a foundation of limits and boundaries to allow growth and mutation to transcend those limits
<b>61 Inner Truth, Mystery, Sincerity</b> <i>The Mystic with Higher Truth, Principles or Disenchanted or Mad Fanatic</i>	Fear of not knowing the unknowable, not understanding the mysteries of life, may become disenchanted or mad from the pressure to know and find inspiration
<b>62 Expressed Details, Clarification</b> <i>The Precise, Practical, Organized Person or Detail-Obsessed Intellectual</i>	Fear of missing details, not finding the right language to express details of value, or not being organized, may become pedantic or obsessive-compulsive in life
<b>63 Logical Thinking, Doubts, Questions</b> <i>The Critical Investigator or Self-Doubting or Suspicious Skeptic</i>	Fear of not having critical perception to make logical sense of a present pattern, may continuously analyze life or become self-doubting or suspicious of others
<b>64 Abstract Thinking, Imagination</b> <i>The Imaginative Person or Irritating or Confused Imitator</i>	Fear of being confused, not making sense of the past, not being able to resolve chaos or past confusions about values, become irritated or lose all perspective